Learning Community
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www.nystransitionpartners.org
KEYS TO A SUCCESSFUL TRANSITION
Overview

- Goals
- Early Identification
- Disability
  - Redetermination
  - Ticket to Work
- Healthcare
  - Health Homes
- ACCES-VR
- Resources
Goals

- Employment
- College
  - Section 504 - anti-discrimination, civil rights statute
- Independence
- Self-reliance
- Mental and emotional wellbeing
- Quality of life
Early Identification

- Better outcomes
  - Assessment
  - Identification of problem areas
  - Incorporating supports
    - Family
    - Schools
    - Medical Providers
Comparing Youth with MH Disorders to Their Peers

- Difficulty with:
  - Completing school
  - Adult responsibilities
  - Social roles

- Period when many MH disorders emerge

- Self-esteem
Disability

- Social Security Administration
- Medically determinable physical or mental impairment
  - Marked and severe functional limitations and can be expected to result in death
  - Has lasted or can be expected to last for a continued period of not less than 12 months
Redetermination

- If eligible as a child during the month before the month age 18, a Continuing Disability Review (CDR) will be completed to re-determine if individual is still disabled.

- The rules that used for adults who file new SSI applications will apply.
Ticket to Work

- Allows for gainful employment while maintaining Medicaid
- Maintain cash benefits
- Receive vocational rehabilitation services and gain work experience
- Protections in place to re-instate benefits, unable to continue work due to disability
Transitioning from a pediatric to adult healthcare providers

- Medical information
- Consent
- Communication
- Durable medical equipment
- Lifestyle – Nutrition, exercise, sleep
- Medication
Health Homes

- Medicaid eligible
- Primary MH diagnosis, 2 co-occurring chronic medical conditions and/or HIV/AIDS
- Integrate the delivery of physical and behavioral health services
- Identify and address needs early to prevent escalation and longer term need for higher end services
- Remain in community and at home with support services
Health Homes

- Provide care coordination and planning
- Ensure continuity of care and comprehensive transitional care from service to service
- Incorporate a specific assent/consent process that recognizes the legal right of the youth to seek specific care without parental/guardian consent
- Ensure smooth transition from current care management models to Health Home
  - Transition plan for care management payments
Health Homes

- Department of Health (DOH)
- Office of Mental Health (OMH)
- Office of Alcohol and Substance Abuse Services (OASAS)
- Office of Child and Family Services (OCFS)
- NYC Department of Health and Mental Hygiene (NYC DOHMH)
Health Home Providers

NY State Network – Department of Health
ACCES-VR

- Maintain employment and to support independent living through training, education, rehabilitation, and career development
- Individuals who are under age 25 at application are considered a youth applicant.
ACCES-VR

- The youth has a disability
- The disability creates a barrier to employment
- The youth can benefit from rehabilitation services
- Vocational rehabilitation services are required to achieve employment
  - Having an IEP or a 504 plan does not guarantee eligibility for ACCES-VR.
On Track NY

On Track NY

Early intervention treatment program for adolescents and young adults who have had a first episode of psychosis (unusual thoughts and behaviors or hallucinations).

- 19 locations throughout New York
- www.ontrackny.org
On Track NY Eligibility

- For adolescents and young adults
  - 16-30 years of age
  - Schizophrenia, schizoaffective disorder, schizophreniform, psychosis not otherwise specified, or delusional disorder.
  - Symptoms lasting at least one week
  - ≤ 2 years since the first onset of psychotic symptoms
  - New York State Resident
On Track Eligibility Rule Outs

- Developmental disabilities (IQ < 70)
- Primary diagnosis of substance induced psychosis, psychotic mood disorder, or psychosis secondary to a medical condition
- Serious or chronic medical illness significantly impairing functioning independent of psychosis
On Track Early Intervention Services

- Team leadership
- Case management
- Supported education and employment
- Psychotherapy
- Family education and support
- Pharmacotherapy
- Primary care coordination
Resources

- Disability Rights New York
  www.drny.org
  - Client Assistance Program (CAP)
  - Protection and Advocacy for Individuals with Mental Illness (PAIMI)
  - Protection and Advocacy for Voting and Access (PAVA)
Resources

- Center for Parent Information and Resources
  www.parentcenterhub.org/repository/mentalhealth
- NY State Information for Children Teens and Their Families
  www.omh.ny.gov/omhweb/childservice
- Pathways
  www.pathwaysrtc.pdx.edu
- Positive Behavioral Interventions and Support
  www.pbis.org/school/school-mental-health/children-support
Resources

- Voices 4 Hope
  www.voices4hope.net
- Think College
  www.thinkcollege.net
- National Center on Secondary Education and Transition
  www.ncset.org
- Transition Independence Process (TIP) Model
  www.tipstars.org
Resources

- OMH Transition Age Youth
  www.omh.ny.gov/omhweb/consumer_affairs/transition_youth/resources
- Youth Rules
  www.youthrules.gov
- Skills to Pay the Bills
  www.dol.gov/odep/topics/youth/softskills
- Youth Power
  www.youthpowerny.org
QUESTIONS?
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